- Make sure you've left **EVERYTHING** in order and haven't forgotten any personal belongings.
- Press the EXIT button and wait a few seconds.
 The lock will unlock 3 times in a row.
- The door will open automatically.
 There's **NO** need to use the handle.
- **O4** Exit the room and close the door behind you. It will lock automatically after 30 seconds.

CONGRATULATIONS !!!

Your workout is complete! Be proud of yourself — we sure are!

Every session counts and brings you closer to your goals.

See you again soon!